



Sunrise Update

JULY 28, 2017

YOU Can Play a Role in the Future of Health Care

Input and communication play an integral role in working with many to make the health care system the best in can be for everyone – clients, residents, families, staff, physicians, volunteers and all community members.

Our vision statement is a true reflection of community involvement, “Working together for healthy people in healthy communities.”

If you or someone you know is interested to play a role on these committees, [click here to visit our website](#) for contact information.

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Client and family involvement is an extremely important factor in a highly effective health care system. All voices matter when it comes to being able to offer the best quality care to the people we serve. The health region offers a variety of opportunities for community members to become involved and have a voice in health care.

The Client and Family Centred Care (CFCC) Steering Committee is representative of various people in the health care landscape. In 2009, the provincial government performed a “Patient First Review” which identified the need to embed client and family centred care into the work that we do and the care that we provide. Sunrise Health Region was one of the first provincial health region’s to embrace this concept and establish the CFCC Steering Committee.

The CFCC committee includes representation from Sunrise Health Region senior leadership, staff members and, at the heart of the committee, client-family advisors. The client-family advisors are people from the community that express an interest in working with the region and bringing to the table ideas on what they would like to see from their health care system. The members of this committee are representative of the great diversity in our region including various demographics and backgrounds.

The work of the CFCC committee is varied and has an impact on daily operations. For example, they were involved in the development of name tags that Sunrise staff now wear, the elimination of restricted visiting hours as well as working with Food and Nutrition Services focus groups identifying what is important for clients and families. Client-family advisors are also on teams doing quality improvement work. On a recent improvement initiative, Public Health identified the need to provide appropriate prenatal information to all expectant mothers earlier in their pregnancies. An expectant mother, who also had children at home, played a major role on this improvement team providing her real-life experiences and ideas to help guide the process.

Community Health Advisory Committees (CHACs) are located in 3 separate areas (north, central and south) of the region. Community-minded representatives apply to the board to be a member of their area’s CHAC and are appointed for a three-year term. These important committees meet region-wide twice a year and work to share successes, provide a roadmap for needed services and areas for improvement. The Sunrise Regional Health Authority (board members) takes these suggestions into account when making decisions based on what the people we serve truly need.

CHAC members are all ages and backgrounds from high school students to retired seniors. All provide different viewpoints from their own unique experiences which makes the committee so valuable to the health care system. We are a public health system where people can choose to have a role and take responsibility to get involved and make the system reflective of our area’s unique needs. Sunrise Health Region is a leader in the province in terms of working with, and listening to, community members to enact improvements to care.